



May 2025

# Hempstead Elementary SCHOOL LUNCH MENU

**Available Daily**  
**Assorted Wraps**  
**Yogurt Parfait w/ Fruit & Granola**  
**Assorted Individual Salads**

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

MON	TUES	WED	THURS	FRI
			<sup>1</sup> Chicken & Dutch Waffles Green Beans Mandarins	<sup>2</sup> Cheese or Pepperoni Pizza Green Salad Bananas
<sup>5</sup> WG Boneless Wings Baked Fries Mandarins	<sup>6</sup> Soft Taco Beans Orange	<sup>7</sup> Penne with Meat Sauce WG Roll Tossed Salad Apples	<sup>8</sup> Chicken Teriyaki Over Rice Green Beans Pears	<sup>9</sup> Cheese or Pepperoni Pizza Spinach Salad Bananas
<sup>12</sup> WG Chicken Nuggets Baked Fries Pear	<sup>13</sup> Nachos with Meat & Cheese Beans Orange	<sup>14</sup> Cheeseburger on WG Bun Corn Mandarins	<sup>15</sup> WG Pancakes Sausage Baked Fries Sliced Apples	<sup>16</sup> Cheese or Pepperoni Pizza Green Salad Banana
<sup>19</sup> Chicken Parmesan WG Bun Peas & Carrots Apples	<sup>20</sup> WG Boneless Wings Baked Fries Bananas	<sup>21</sup> Mac & Cheese Popcorn Chicken Carrots Pears	<sup>22</sup> Cheese or Pepperoni Pizza Tossed Salad Watermelon	<sup>23</sup> <b>School Closed</b>
<sup>26</sup> <b>School Closed</b>	<sup>27</sup> WG Max Stick with Sauce Green Beans Pears	<sup>28</sup> Spaghetti & Meatballs Baby Carrots Apples	<sup>29</sup> WG Chicken Nuggets Baked Fries Oranges	<sup>30</sup> Cheese or Pepperoni Pizza Green Salad Bananas

Menus are subject to change.



(Sandwiches (all on WG bread): Rotating Boars Head Turkey & Cheese or Ham (P) & Cheese, American Cheese, Sun butter & Jelly  
 Fruit & Yogurt Parfait w/ Granola  
 Bagel Lunch: WG bagel with 2 cheese sticks



This institution is an equal opportunity provider.

Powering potential.